

## RITE FOR RECONCILIATION OF INDIVIDUAL PENITENTS

### RECEPTION OF THE PENITENT

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

May the Lord Jesus welcome you.  
He came to call sinners, not the just.  
Have confidence in him.

**Bless me, Father, for I have sinned.  
This is my first confession.**

### CONFESSION OF SINS AND ACCEPTANCE OF SATISFACTION

*Tell the priest your sins. The priest will then assign a penance.*

### PRAYER OF THE PENITENT AND ABSOLUTION

**My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God, have mercy.**

God, the Father of mercies,  
through the death and resurrection of his Son  
has reconciled the world to himself  
and sent the Holy Spirit among us for the forgiveness of sins;  
through the ministry of the Church may God give you pardon and peace,  
and I absolve you from your sins in the name of the Father,  
and of the Son, and of the Holy Spirit.

**Amen.**

### PROCLAMATION OF PRAISE OF GOD AND DISMISSAL

Give thanks to the Lord, for he is good.  
**His mercy endures for ever.**

The Lord has freed you from your sins. Go in peace.

### **Our Father**

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **Hail Mary**

Hail Mary full of Grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death Amen.

### **Glory be to the Father (Doxology)**

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.